

Cleaning & Disinfection Plan

COVID-19

On-Premise Laundry

Hygiene measures for prevention and in suspected or confirmed cases of COVID-19
Based on the Robert Koch Institute (RKI) recommendations, status March 2020

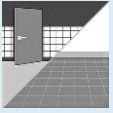



What?		When?	How?	Product?	Who?
	Hygienic hand washing	<ul style="list-style-type: none"> before/after starting work when visibly soiled after going to the toilet 	Ensure hands are completely wet, wash hands with soap for 60sec, rinse with clean water, dry with disposable towel	Cleansing & Disinfecting Hand Soap	ALL
	Hygienic hand disinfection	<ul style="list-style-type: none"> before/after starting work after going to the toilet before/after contact with contaminated surfaces after moving from one room to another before / after taking off protective gloves 	Add product (approx. 3 ml) onto dry palm of hand and rub in evenly for required exposure time Refer to manufacturer's instructions for exposure time (min. 30 seconds) Ensure hands are wet during exposure time Do not use any water! Do not dry!	Hand Disinfectant Follow skin protection plan	ALL
	Hand protection/Skin care	<ul style="list-style-type: none"> after skin-stressing activities before/after starting work during breaks + as required 	Rub skin care or skin protection agent into the dry hands and allow it to act	Skin Protection Cream Skin Care Cream	ALL
	Gloves/ disposable gloves	<ul style="list-style-type: none"> laundry or waste disposal loading washing machine for cleaning and disinfection measures 	Hygienic disinfection of hands before gloves are put on Hygienic disinfection of hands after gloves are taken off For chemical-resistant gloves, hygienic hand disinfection after moving to a different room	Disposable gloves (vinyl, latex, nitrile) Chemical Protective Gloves EN 374 Follow glove plan	Cleaning staff
	Protective clothing	<ul style="list-style-type: none"> loading washing machine before cleaning and disinfection measures 	Put on disposable gown or apron Dispose of disposable material in bin bag Disinfect safety goggles after taking them off	<ul style="list-style-type: none"> Protective Gown Protective Apron Safety Goggles 	Cleaning staff
	Face mask	<ul style="list-style-type: none"> loading washing machine before cleaning and disinfection measures 	Ensure close fit of face mask Duration of use generally max. 3h Adhere to manufacturer's instructions	Refer to national recommendations	Cleaning staff
	Contact surfaces: Door handles, light switches, handrails, wall-mounted dispenser levers, etc.	<ul style="list-style-type: none"> several times daily 	<ul style="list-style-type: none"> Wipe with disinfectant Disinfecting cleaning 	Cleaner Disinfectant/ Surface Disinfectant	Cleaning staff
	Surfaces: Shelves, tables, work surfaces, window benches, laundry collectors, laundry trolleys, laundry storage etc.	<ul style="list-style-type: none"> daily, after use increased frequency recommended in case of suspected or confirmed cases of COVID-19 			


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	Floor, (water-resistant)	<ul style="list-style-type: none"> daily 	Disinfecting cleaning	Surface Disinfectant	Cleaning staff
	Washing machine	<ul style="list-style-type: none"> Machine with automated loading, 1x daily Machine requiring loading and unloading, after each load All washing machines at the end of work 	<ul style="list-style-type: none"> Disinfecting cleaning Disinfect the opening in the front of the machine Disinfect the top and front of the machine 	Cleaner Disinfectant/ Surface Disinfectant	Cleaning staff
	Waste bin, laundry bag holder, including lid	<ul style="list-style-type: none"> daily 	Disinfecting cleaning	Cleaner Disinfectant/ Surface Disinfectant	Cleaning staff
	Cleaning textiles and utensils	<ul style="list-style-type: none"> after use dispose of disposable cloths 	Put cleaning cloths + mop covers in a closed container for disinfecting washing	Disinfecting Laundry Detergent or Chemothermal disinfection washing processes by respecting processes (products, time, temperature, bath level) that have demonstrated virucidal activity	Cleaning staff
			Wipe bin + cleaning trolley with disinfectant	Cleaner Disinfectant/ Surface Disinfectant	

	<h1>Cleaning & Disinfection Plan</h1> <h2>COVID-19</h2>
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GENERAL INSTRUCTIONS

The epidemiological information that is available to date on SARS-CoV-2 demonstrates that transmission is possible between humans following close contact. Based on current information, transmission can take place through droplets and contact, e.g. with bodily fluids and excretions. The hygiene measures are based on the current data and experience with other corona viruses, and are derived from the approach taken towards SARS and MERS, as well as from the Commission for Hospital Hygiene and Infection Prevention (KRINKO) recommendation “The current data on the viral aetiology and transmission pathways also suggest considering experience with influenza”.

This results in the following recommendations: **In general, implementation of basic hygiene and hand hygiene!**

Duration of measures

We have insufficient data on the duration of elimination of the pathogen in people who are no longer symptomatic at the time of this recommendation to make a general conclusive recommendation on ending the measures once the symptoms have abated. Questions relating to the concentrations of the pathogen eliminated in different bodily fluids/excretions (e.g. in the sputum or stools) after the symptoms have abated and their role in transmission also remain unanswered. Decisions must be taken on an individual basis in such cases.

Disinfection and cleaning

Agents with proven efficacy must be used for chemical disinfection, with a spectrum of action that is “virucidal against enveloped viruses”. Agents with an extended spectrum of action, such as “virucidal against enveloped viruses PLUS” or “virucidal”, can also be used. In relation to official instructions for disinfection measures, local health authorities are to be consulted.

Implementation

- Hand hygiene: most pathogens are transmitted with the hands through contact with contact surfaces, direct hand-to-hand contact or between hands and textiles. Hand hygiene is therefore extremely important and forms the basis for good hygiene practice.
- Hands frequently come into contact with contact surfaces and thus form the link between the palm of the hand and the pathogens. Contact surfaces must be disinfected several times a day to prevent the spread of pathogens.
- The disinfection measures are to be extended to other surfaces that are prone to contamination or to contaminated surfaces, as required.
- Dirty laundry (suspected infected laundry or infected laundry) should be washed as soon as possible or stored in a cool room for up to max. 72h.
- Laundry/textiles can be washed in a professional washing machine by respecting processes (products, time, temperature, bath level) that have demonstrated virucidal activity.